HMSA: MED Z-X / DRG 862 / VIS 0DW / CMP N07, ASSOCIATION OF UNIVERSITIES FOR RESEARCH IN ASTRONOMY

Coverage for: Individual / Family | Plan Type: HMO



The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, visit www.hmsa.com.

For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at http://www.healthcare.gov/sbc-glossary/ or call 1-800-776-4672 to request a copy.

Glossary. Tou carriview the Glossary at <u>http://www.neaithcare.gov/sbc-glossary/</u> or carri-000-770-4072 to request a copy.					
Important Questions	Answers	Why This Matters:			
What is the overall deductible?	<b>\$350</b> individual / <b>\$1,050</b> family	Generally, you must pay all of the costs from providers up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .			
Are there services covered before you meet your deductible?	Yes. Certain <u>preventive care</u> and well-child care services will be covered before you meet your <u>deductible</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain preventive services without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered preventive services at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a> .			
Are there other deductibles for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.			
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	\$3,000 individual / \$9,000 family (applies to medical <u>plan</u> coverage). \$3,600 individual / \$4,200 family (applies to <u>prescription drug coverage</u> ).	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.			
What is not included in the out-of-pocket limit?	Premiums, balance-billed charges, payments for services subject to a maximum once you reach the maximum, any amounts you owe in addition to your copayment for covered services, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket</u> <u>limit</u> .			
Will you pay less if you use a <u>network provider</u> ?	Yes. See <a href="http://www.hmsa.com/search/providers">http://www.hmsa.com/search/providers</a> or call 1-800-776-4672 for a list of <a href="network">network</a> providers.	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan</u> 's <u>network</u> . You will pay the most if you use an <u>out-of-network provider</u> (unless otherwise defined by federal law), and you might receive a bill from a <u>provider</u> for the difference between the <u>provider</u> 's charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.			
Do you need a referral to see a specialist?	Yes.	This <u>plan</u> will pay some or all of the costs to see a <u>specialist</u> for covered services but only if you have a <u>referral</u> before you see the <u>specialist</u> .			



All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

Common Medical	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other	
Event		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Important Information	
	Primary care visit to treat an injury or illness	\$20 <u>copay</u> /visit; <u>deductible</u> does not apply	Not covered	none	
	<u>Specialist</u> visit	\$20 <u>copay</u> /visit; <u>deductible</u> does not apply	Not covered	none	
	Other practitioner office visit:				
If you visit a health	Physical and Occupational Therapist	\$20 <u>copay</u> /visit	Not covered	Services may require <u>preauthorization</u> . Benefits may be denied if <u>preauthorization</u> is not obtained.	
care provider's	Psychologist	\$20 copay/visit; deductible does not apply	Not covered	none	
office of cliffic	Nurse Practitioner	\$20 <u>copay</u> /visit; <u>deductible</u> does not apply	Not covered	none	
	Preventive care (Well Child Physician Visit)	No charge; <u>deductible</u> does not apply	Not covered	Age and frequency limitations may apply. You may have to pay for	
	Screening	No charge; <u>deductible</u> does not apply	Not covered	services that aren't <u>preventive</u> . Ask your <u>provider</u> if the services needed	
	Immunization (Standard and Travel)	No charge; <u>deductible</u> does not apply	Not covered	are <u>preventive</u> . Then check what your <u>plan</u> will pay for.	
	Diagnostic test				
	Inpatient	20% coinsurance	Not covered	Services may require <u>preauthorization</u> . Benefits may be denied if	
	Outpatient	20% coinsurance	Not covered	preauthorization is not obtained.	
	X-ray				
If you have a test	Inpatient	20% coinsurance	Not covered	Services may require <u>preauthorization</u> . Benefits may be denied if	
	Outpatient	20% coinsurance	Not covered	preauthorization is not obtained.	
	Blood Work				
	Inpatient	20% coinsurance	Not covered	Services may require <u>preauthorization</u> . Benefits may be denied if	
	Outpatient	20% <u>coinsurance</u> ; <u>deductible</u> does not apply	Not covered	<u>preauthorization</u> is not obtained.	

Common Medical	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other
Event		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Important Information
	Imaging (CT/PET scans, MRIs)			
If you have a test	Inpatient	20% coinsurance	Not covered	Services may require <u>preauthorization</u> .  Benefits may be denied if
	Outpatient	20% coinsurance	Not covered	preauthorization is not obtained.
	Tier 1 - mostly Generic drugs (retail)	\$7 <u>copay</u> /prescription; <u>deductible</u> does not apply	\$7 copay and 20% coinsurance/prescription; deductible does not apply	One retail <u>copay</u> for 1-30 day supply, two retail <u>copays</u> for 31-60 day supply, and three retail <u>copays</u> for 61-90 day supply.
	Tier 1 - mostly Generic drugs (mail order)	\$11 <u>copay</u> /prescription; <u>deductible</u> does not apply	Not covered	One mail order <u>copay</u> for a 84-90 day supply at a 90 day at retail network or contracted mail order provider.
If you need drugs to treat your illness or condition	Tier 2 - mostly Preferred Formulary Drugs (retail)	\$30 <u>copay</u> /prescription; <u>deductible</u> does not apply	\$30 copay and 20% coinsurance/prescription; deductible does not apply	One retail <u>copay</u> for 1-30 day supply, two retail <u>copays</u> for 31-60 day supply, and three retail <u>copays</u> for 61-90 day supply.
More information about prescription drug coverage is	Tier 2 - mostly Preferred Formulary Drugs (mail order)	\$65 <u>copay</u> /prescription; <u>deductible</u> does not apply	Not covered	One mail order copay for a 84-90 day supply at a 90 day at retail network or contracted mail order provider.
available at www.hmsa.com.	Tier 3 - mostly Non-preferred Formulary Drugs (retail)	\$30 <u>copay</u> /prescription; <u>deductible</u> does not apply	\$30 <u>copay</u> and 20% <u>coinsurance/prescription;</u> <u>deductible</u> does not apply	In addition to your copay and/or coinsurance, you will be responsible for a \$45 Tier 3 Cost Share per retail copay. Cost to you for retail Tier 3 drugs: One copay plus one Tier 3 Cost Share for 1-30 day supply, two copays plus two Tier 3 Cost Shares for 31-60 day supply, and three copays plus three Tier 3 Cost Shares for 61-90 day supply.

Common Medical	Services You May Need	What You	ı Will Pay	Limitations, Exceptions, & Other	
Event		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Important Information	
If you need drugs to treat your illness or condition More information about prescription	Tier 3 - mostly Non-preferred Formulary Drugs (mail order)	\$65 <u>copay</u> /prescription; <u>deductible</u> does not apply	Not covered	In addition to your copay and/or coinsurance, you will be responsible for a \$135 Tier 3 Cost Share per mail order copay. Cost to you for mail order Tier 3 drugs: One mail order copay plus one mail order Tier 3 Cost Share for an 84-90 day supply at a 90 day at retail network or contracted mail order provider.	
drug coverage is available at www.hmsa.com.	Tier 4 - mostly Preferred Formulary Specialty drugs (retail)	\$100 copay/prescription; deductible does not apply	Not covered	Retail benefits for Tier 4 and Tier 5 drugs are limited to a 30-day supply. Available in participating Specialty	
	Tier 5 - mostly Non-preferred Formulary Specialty drugs (retail)	\$200 copay/prescription; deductible does not apply	Not covered	Pharmacies only.	
	Tier 4 & 5 (mail order)	Not covered	Not covered		
	Facility fee (e.g., ambulatory surgery center)	20% coinsurance	Not covered	none	
If you have outpatient surgery	Physician Visits	\$20 <u>copay</u> /visit; <u>deductible</u> does not apply	Not covered	none	
	Surgeon fees	\$20 copay (cutting)	Not covered (cutting)	none	
		\$20 copay (non-cutting)	Not covered (non-cutting)	none	
	Emergency room care				
	Physician Visit	No charge	No charge	none	
	Emergency room	20% coinsurance	20% coinsurance	none	
If you need immediate medical attention	Emergency medical transportation (air)	20% coinsurance	Not covered	Limited to air transport to the nearest adequate hospital within the State of Hawaii, except in certain situations when transportation to the continental US is necessary for critical care in accord with HMSA's medical policy. Certain exclusions apply.	
	Emergency medical transportation (ground)	20% coinsurance	Not covered	Ground transportation to the nearest, adequate hospital to treat your illness or injury.	

Common Medical	nmon Medical Services You May Need What You Will Pay		ı Will Pay	Limitations, Exceptions, & Other
Event		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Important Information
	<u>Urgent care</u>	\$20 <u>copay</u> /visit; <u>deductible</u> does not apply	Not covered	none
	Facility fee (e.g., hospital room)	20% coinsurance	Not covered	none
If you have a	Physician Visits	20% coinsurance	Not covered	none
hospital stay	Surgeon fee	20% coinsurance (cutting)	Not covered (cutting)	none
		20% coinsurance (non-cutting)	Not covered (non-cutting)	none
	Outpatient services			
If you have mental health, behavioral	Physician services	\$20 <u>copay</u> /visit; <u>deductible</u> does not apply	Not covered	none
health, or	Hospital and facility services	No charge	Not covered	none
substance abuse	Inpatient services			
needs	Physician services	20% coinsurance	Not covered	none
	Hospital and facility services	20% coinsurance	Not covered	none
	Office visit (Prenatal and postnatal care)	20% coinsurance	Not covered	Cost sharing does not apply to certain preventive services. Depending on the
If you are pregnant	Childbirth/delivery professional services	20% coinsurance	Not covered	type of services, <u>coinsurance</u> or <u>copay</u> may apply. Maternity care may include
	Childbirth/delivery facility services	20% coinsurance	Not covered	tests and services described elsewhere in the SBC (i.e. ultrasound).
	Home health care	No charge	Not covered	none
If you need help	Rehabilitation services	\$20 <u>copay</u> /visit	Not covered	Services may require <u>preauthorization</u> . Benefits may be denied if <u>preauthorization</u> is not obtained. Excludes cardiac rehabilitation.
recovering or have	Habilitation services	Not covered	Not covered	Excluded service
other special health needs	Skilled nursing care	20% coinsurance	Not covered	120 Days per Calendar Year. Includes extended care facilities (Skilled Nursing, Sub-Acute, and Long-Term Acute Care Facilities) to the extent care is for Skilled nursing care, subacute care, or long-term acute care.

Common Medical	Services You May Need	What Yo	What You Will Pay	
Event	Event Network (You will p		Out-of-Network Provider (You will pay the most)	Important Information
If you need help recovering or have other special	Durable medical equipment	50% coinsurance	Not covered	Services may require <u>preauthorization</u> .  Benefits may be denied if <u>preauthorization</u> is not obtained.
health needs	Hospice services	No charge	Not covered	none
	Children's eye exam	\$20 <u>copay</u> /exam; <u>deductible</u> does not apply	Not covered	Limited to one routine vision exam per calendar year.
If your child needs dental or eye care	Children's glasses (single vision lenses and frames selected within designated group)	\$25 <u>copay</u> /glasses; <u>deductible</u> does not apply	50% coinsurance; deductible does not apply	The frequency in which you can obtain a pair of glasses may vary
	Children's dental check-up	Not covered	Not covered	Excluded service

#### **Excluded Services & Other Covered Services:**

# Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Cardiac rehabilitation
   Habilitation services

Routine foot care

Cosmetic surgery

Long-term care

Weight loss programs

- Dental care (Adult)
  - Dental care (Child)

- Non-emergency care when traveling outside the U.S.
- Private-duty nursing

# Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Acupuncture
- Bariatric surgery
- Chiropractic care (e.g., office visits, x-ray films limited to services covered by this medical plan and within the scope of a chiropractor's license)
- Hearing aids (limited to one hearing aid per ear every 60 months)
- Infertility Treatment (Artificial Insemination and In Vitro Fertilization. Please refer to your plan document for limitations and additional details)
- Routine eye care (Adult)

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: 1) 1-800-776-4672 for HMSA; 2) (808) 586-2790 for the State of Hawaii, Dept. of Commerce and Consumer Affairs - Insurance Division; 3) 1-866-444-3272 or <a href="http://www.dol.gov/agencies/ebsa/laws-and-regulations/laws/affordable-care-act">http://www.dol.gov/agencies/ebsa/laws-and-regulations/laws/affordable-care-act</a> for the U.S. Department of Labor, Employee Benefits Security Administration; or 4) 1-877-267-2323 x61565 or <a href="http://www.cciio.cms.gov">http://www.cciio.cms.gov</a> for the U.S. Department of Health and Human Services. Church plans are not covered by the Federal COBRA continuation coverage rules. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance <a href="Marketplace">Marketplace</a>. For more information about the <a href="Marketplace">Marketplace</a>, visit <a href="http://www.HealthCare.gov">http://www.HealthCare.gov</a> or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact:

- For group health coverage subject to ERISA, you must submit a written request for an <a href="mailto:appeal">appeal</a> to: HMSA Member Advocacy and Appeals, P.O. Box 1958, Honolulu, Hawaii 96805-1958. If you have any questions about <a href="mailto:appeals">appeals</a>, you can call us at (808) 948-5090 or toll free at 1-800-462-2085. You may also contact the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or <a href="http://www.dol.gov/agencies/ebsa/laws-and-regulations/laws/affordable-care-act">http://www.dol.gov/agencies/ebsa/laws-and-regulations/laws/affordable-care-act</a>. You may also file a <a href="mailto:grievance">grievance</a> with the Insurance Commissioner. You must send the request to the Insurance Commissioner at: Hawaii Insurance Division, ATTN: Health Insurance Branch External Appeals, 335 Merchant Street, Room 213, Honolulu, Hawaii 96813. Telephone: (808) 586-2804.
- For non-federal governmental group health plans and church plans that are group health plans, you must submit a written request for an <u>appeal</u> to: HMSA Member Advocacy and Appeals, P.O. Box 1958, Honolulu, Hawaii 96805-1958. If you have any questions about <u>appeals</u>, you can call us at (808) 948-5090 or toll free at 1-800-462-2085. You may also file a <u>grievance</u> with the Insurance Commissioner. You must send the request to the Insurance Commissioner at: Hawaii Insurance Division, ATTN: Health Insurance Branch External Appeals, 335 Merchant Street, Room 213, Honolulu, Hawaii 96813. Telephone: (808) 586-2804.

#### **Does this Coverage Provide Minimum Essential Coverage? Yes**

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

### Does this Coverage Meet the Minimum Value Standard? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

# **Language Access Services:**

Spanish (Español): Para obtener asistencia en Español, llame al 1-800-776-4672.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-776-4672.

Chinese (中文): 如果需要中文的帮助,请拨打这个号码 1-800-776-4672.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-800-776-4672.

To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.

## **About these Coverage Examples:**



This is not a cost estimator. Treatments shown are just examples of how this plan might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your providers charge, and many other factors. Focus on the cost sharing amounts (deductibles, copayments and coinsurance) and excluded services under the plan. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby (9 months of in-network pre-natal care and a hospital delivery)		Managing Joe's type 2 Diabetes (a year of routine in-network care of a well-controlled condition)		Mia's Simple Fracture (in-network emergency room visit and follow up care)	
■ The <u>plan's</u> overall <u>deductible</u>	\$350	■ The plan's overall deductible	\$350	■ The <u>plan's</u> overall <u>deductible</u>	\$350
■ <u>Specialist</u> <u>copayment</u>	\$20	■ Specialist copayment	\$20	■ Specialist copayment	\$20
■ Hospital (facility) coinsurance	20%	■ Hospital (facility) coinsurance	20%	■ Hospital (facility) coinsurance	20%
■ Other <u>coinsurance</u>	50%	■ Other <u>coinsurance</u>	50%	Other coinsurance	50%

#### This EXAMPLE event includes services like:

<u>Specialistoffice</u> visits (*prenatal care*) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services Diagnostic tests(ultrasounds and blood work) Specialist visit(anesthesia)

In this example, Peg would pay:

**Total Example Cost** 

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Cost Sharing		
<u>Deductibles</u>	\$350	
Copayments	\$10	
Coinsurance	\$2,400	
What isn't covered		
Limits or exclusions	\$60	
The total Peg would pay is	\$2,820	

#### This EXAMPLE event includes services like:

Primary care physicianoffice visits (including disease education)

Diagnostic tests(blood work)

Prescription drugs

Durable medical equipment(qlucose meter)

This EXAMPLE event includes services like: Emergency room care(including medical supplies)

Diagnostic test(x-ray)

<u>Durable medical equipment(crutches)</u>

Rehabilitation services(physical therapy)

0	Total Example Cost	\$5,600
	In this example, Joe would pay:	
	Cost Sharing	
0	<u>Deductibles</u>	\$350
)	Copayments	\$400
0	Coinsurance	\$200
	What isn't covered	
)	Limits or exclusions	\$20
0	The total Joe would pay is	\$970

Total Example Cost	\$2,800	
In this example, Mia would pay:		
Cost Sharing		
<u>Deductibles</u>	\$350	
Copayments	\$100	
Coinsurance	\$400	
What isn't covered		
Limits or exclusions	\$0	
The total Mia would pay is	\$850	