



NSF - Chile Expats

REGULAR FULL-TIME PREMIUMS

2023 PLAN YEAR

Updated 10/25/2022

TOTAL MONTHLY	EMPLOYER PREMIUM		EMPLOYEE PREMIUM	
PREMIUM	Monthly	Bi-Weekly	Monthly	Bi-Weekly

MEDICAL*

CHILDREN	MetLife Worldwide Benefits					
	EE Only	\$485.88	\$485.88	\$224.25	\$0.00	\$0.00
	EE + One Dependent	\$1,127.45	\$806.67	\$372.31	\$320.79	\$148.05
	EE + Family	\$1,755.43	\$1,120.66	\$517.23	\$634.78	\$292.97
	*Premiums capped at 5% for salaries less than \$125,000					

DENTAL

CHILD	MetLife Worldwide Benefits					
	EE Only	\$30.82	\$30.82	\$14.22	\$0.00	\$0.00
	EE + One Dependent	\$71.50	\$51.16	\$23.61	\$20.34	\$9.39
	EE + Family	\$111.30	\$71.06	\$32.80	\$40.24	\$18.57

LIFE INSURANCE

Voluntary Life	BI-WEEKLY PREMIUM PER \$10,000 COVERAGE		
CIGNA Group Insurance	Employee	Spouse	Child(ren)
<25	\$0.31	\$0.31	\$0.55
25-29	\$0.31	\$0.31	
30-34	\$0.35	\$0.35	
35-39	\$0.45	\$0.45	
40-44	\$0.72	\$0.72	
45-49	\$1.21	\$1.21	
50-54	\$1.97	\$1.97	
55-59	\$3.49	\$3.49	
60-64	\$4.29	\$4.29	
65-69	\$7.65	\$7.65	
70-84	\$12.95		

Voluntary AD&D	BI-WEEKLY PREMIUM PER \$10,000 COVERAGE
CIGNA Group Insurance	
Employee	\$0.092
Spouse	\$0.092