



Health & Wellness Program

Wellness Program

- AURA's Employee Wellness Program will continue in 2022!
- Earn incentives for participation in the HealthCheck360 Biometric Screenings and other wellness activities
 - Up to \$750 HSA contribution for individual coverage
 - Up to \$1,200 HSA contribution for employee and spouse coverage
- Employees enrolled in the OAP Plan up to \$28.85 deducted from your medical premiums each pay period for individual coverage
 - Up to \$46.15 deducted from your medical premiums each pay period for family coverage



Wellness Incentives



Employees have multiple ways to earn incentives:

- Up to \$750 individual coverage
- Up to \$1,200 for employee and spouse coverage

	Activity	Incentive
HealthCheck360	Participation (Complete the biometric screenings)	Employee - \$300 Spouse - \$250
	Outcome (Meet your Health Score Goal)	Employee - \$250 Spouse - \$200
Cigna Health Coaching Programs	Completions will be reported to AURA by Cigna	Employee - \$150 Spouse - \$75
WELCOAZ Health Coaching	Completions will be reported to HealthCheck360 by WELCOAZ	Employee (3 session max) \$50 per session
Cigna Health Risk Assessment	Completions will be reported to AURA by Cigna	Employee - \$50 Spouse - \$25
Annual Medical Preventive Exam	Completions will be reported to AURA by Cigna	Employee - \$150 Spouse - \$75
Annual Dental Preventive Exam	Completions will be reported to AURA by Cigna	Employee - \$75 Spouse - \$50