

WELCOME

AURA has expanded your benefits package to include a new wellness program. You'll get an email from us soon with instructions on how to join the program, but we wanted to tell you a little bit about what you will gain from participating in HealthCheck360.

HealthCheck360 is a wellness company devoted to improving health and overall wellbeing. HealthCheck360 provides you with the tools, motivation, and support to assist you along your journey to a healthier you. You will receive a personalized, confidential report of your health status after your wellness screening. HealthCheck360 uses the same confidentiality standards as your doctor. From there, you will have access to health coaches who can help you learn more about your results and set personal goals. Keep an eye out for wellness challenges, recipes, webinars, and more to make focusing on your health fun and easy.

We understand everyone starts in a different spot, so we are here to meet you wherever you are. If you'd like to get some healthy hacks right away, check out the HealthCheck360 blog.

An email with information on how you can earn wellness rewards for participating and sign-up instructions is coming soon.

We care about your wellbeing, and we are committed to helping you achieve a healthy lifestyle.

If you have any questions, email benefits@aura-astronomy.org or contact your HR Representative.