SMILE!



It's easy to find a dentist or specialist in the Cigna DPPO network.

Finding a Cigna Dental network dentist or specialist is quick and easy – whether you opt to search online or speak to a customer service representative. Let us show you how.

Savings you can see.

Dentists that participate in our network have all agreed to offer care for Cigna customers at discounted rates. However, your plan offers the richest set of benefits when you choose a **Cigna DPPO Advantage** dentist for care.

Cigna DPPO Advantage - these dentists offer the highest discount to Cigna customers and when you use them for care, your plan offers a richer set of benefits.

Cigna DPPO - these dentists offer discounts to Cigna customers, but they are not as high as the Advantage network. You will also pay more for covered services because the benefit for dentists in this network is lower than Advantage dentists.

Out of Network – You may still choose to see a dentist who is not in the Cigna network, but your benefits will be lower and you may have to file your own claims. The dentist may also bill you for the difference between the plan's allowed amount and their usual fees. See your plan documents for the details of your specific dental plan.

You can search for a dentist before you enroll by visiting Cigna.com and choosing "Find a Doctor, Dentist or Facility" from the top of the page. Because this is a public site, you don't need to register or log in to view search results.

- To search for a dentist on Cigna.com, visit the site and click "Find a Doctor, Dentist or Facility."
- **How are you covered?** Choose "Employer or School"
- You can search by ZIP code or city/state. Then choose "Doctor by Type > Dentist." You can also search by name to see if your dentist is in the network.
- On the next screen, choose "Guest" even if you have a myCigna account. This ensures you get results from the correct network search.
- Follow the prompts on screen and when asked to choose your plan, select "Total Cigna DPPO (Cigna DPPO Advantage and Cigna DPPO)"

Make the most of your dental plan by registering and using myCigna.com once your benefits are active.

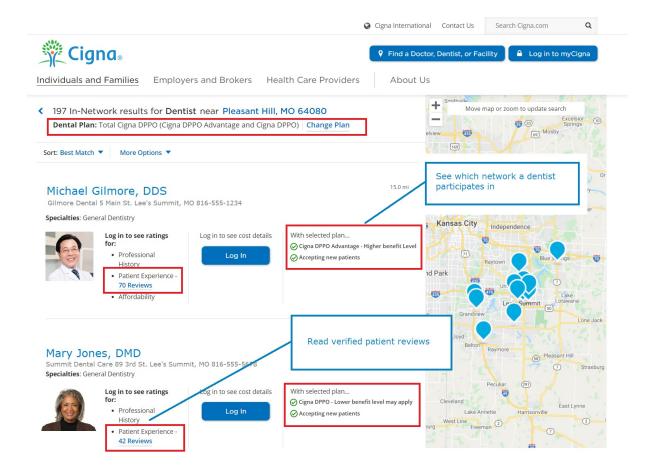
By registering for myCigna.com, you can get individualized information, set to your dental plan. And, in a recent study, we found that people who use the myCigna® website and have a claim save on average 36.2% more than those who do not use myCigna.* So activate your account once your benefits start, and access helpful information to find a dentist for your individual needs and budget. Once you've registered and logged on, you can search for a network dentist or specialist by choosing "Find Care and Costs" at the top of the screen, and following the prompts to search based on provider name, location, procedure type or specialty.

In the results, you'll get helpful information that tells you whether a dentist is in the Cigna DPPO Advantage or the Cigna DPPO network. You'll also be able to review:

- Brighter Score. This score is derived from a combination of professional history, affordability and patient experience.
- Dental office reviews and comparisons. Find detailed information to compare dental offices. View dentist profiles with pictures and video content. Read verified patient reviews.
- Enhanced search and transparent pricing. Search for a dentist by a procedure or group of procedures. Information is personalized for your specific plan.
- Out-of-pocket costs for hundreds of procedures specific to your plan and to each dentist.



Searching on Cigna.com



Need assistance? Call us at 800.Cigna24 (800.244.6224)



- * Cigna Internal Data and Reporting, July 2018. Study Design: retrospective matched case control analysis, using one to one coarsened exact matching method. Population: new national DPPO standalone members who joined between February 1, 2017 and January 31, 2018 and were not enrolled in a family plan. Study group: members who visited mycigna.com and had at least one dental visit after the search. Control group: members who didn't visit myCigna and had at least one dental visit during the measurement period. Measurement Period: dental claims occurred from 2/1/2017 through 4/30/2018. Matching Factors: Age, Gender, ZIP Code (first 3 digits), Enrollment History. Results may vary.
- ** Actual features may vary by dentist and Cigna Dental plan type. These and other dentist directory features are for educational purposes only and should not be the sole basis for decision-making.

 They are not a guarantee of the quality of care that will be delivered to individual customers. Customers are encouraged to consider all relevant factors and to speak with their treating dentist when choosing where to receive dental care.

The dentists who participate in the Cigna network are independent contractors solely responsible for the treatment provided to their patients. Dentists are not agents of Cigna. Product availability may vary by location and plan type and is subject to change. All group dental insurance policies and dental benefit plans contain exclusions and limitations. For costs and complete details of coverage, see your plan documents.

All Cigna products and services are provided exclusively by or through operating subsidiaries of Cigna Corporation. Dental plans are insured or administered by Cigna Health and Life Insurance Company (CHLIC) or Connecticut General Life Insurance Company, with network management services provided by Cigna Dental Health, Inc. and certain of its subsidiaries. In Texas, the insured dental plan is known as Cigna Dental Choice, and this plan uses the national Cigna DPPO network. Policy forms: OK — HP-POL99/HP-POL388, OR – HP-POL68/HP-POL352, TN — HP-POL69/HC-CER2V1/HP-POL389 et al. (CHLIC). The Cigna name, logo, and other Cigna marks are owned by Cigna Intellectual Property, Inc. Brighter Score is a trademark of Brighter, Inc. a Cigna Company.