

# International Employee Assistance Program<sup>1</sup>



Call the 24/7 helpline:

+1 416-382-3264

Or, in the US, call toll-free  
at: 844-670-3327

Interpreters and telephone call-back arrangements are available — all counseling is provided by local professionals near your home or place of work.

## Making life run more smoothly

Globally-mobile employees and their families experience a unique type of stress that comes with planning relocation, adjusting to new surroundings, and leaving familiar sources of support behind. This is why MetLife Worldwide Benefits offers counseling and support services for you and your family members. You are only a phone call away from independent advice, information and support that is completely confidential and at no cost to you.

This International Employee Assistance Program<sup>1</sup> (IEAP) is available to you and your family household members any time, day or night, on any day of the year.

For useful information and fact sheets on health, personal support, and work/life balance for globally-mobile employees, access MetLife's secure, self-service website, eBenefits, located at **MetLifeWorldwide.com**.

1. IEAP provided through a vendor not affiliated with MetLife.

**MetLifeWorldwide.com**

The description herein is a summary only. It does not include all terms, conditions and exclusions of the coverage described. Please refer to the actual policy for complete details of coverage and exclusions.

MetLife's worldwide benefits products are underwritten by Delaware American Life Insurance Company, a MetLife affiliate domiciled at 600 North King Street, Wilmington, DE 19801, and other affiliates.

**Delaware American Life Insurance Company** | 600 North King Street | Wilmington, DE 19801

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Navigating life together