



**MEN'S & WOMEN'S  
HEALTH ENHANCEMENT**

# TESTICULAR CANCER

## RISK FACTORS

- » Caucasian – 5 times more likely to get testicular cancer
- » Age 15 – 40
- » Hidden testicle
- » Skin cancer on testicles
- » Family history
- » HIV infection
- » Cancer in other testicle



## SIGNS/SYMPTOMS

- » Lump on testicle, epididymis or vasdeferens
- » Enlargement of testicle
- » Heavy sensation in groin area or testicles
- » Dull ache in groin or abdomen area

*If you find or have any of the above symptoms, see your healthcare professional immediately for an accurate diagnosis.*



## PREVENTION

- » Men should carry out self-examinations once a month. Check for lumps on the testicle, epididymis or vas, enlargement of testicle, a heavy sensation in groin area or testicles or a dull ache in the groin or abdomen area.

