



## RISK FACTORS

- » Fair Complexion
- » Exposure to UV light
- » Family history of melanoma
- » Severe sunburns before age 18

## SIGNS/SYMPTOMS

### ABCDE

- » *Asymmetry.* odd shaped moles
- » *Border.* the mole has uneven or ragged edges
- » *Color Change.* new or changed discoloration of skin
- » *Diameter.* moles change size
- » *Evolving.* the lesion changes size, shape, or symptoms such as tenderness or itching



## PREVENTION

- » Protect skin exposed to sun by using sunscreen and protective clothing/glasses
- » Check for the ABCDE's regularly
- » Visit with physician/dermatologist yearly

