

MyBenefits

“Go Green” with MetLife’s Employee Benefits Website



Go online with MyBenefits and go paperless!

Online dental identification cards support our ongoing efforts to go green. There is no need for a dental ID card to confirm eligibility when you go to the dentist, the dentist can easily contact MetLife to verify coverage.

If you prefer to have a card, you simply can go online to MyBenefits at www.metlife.com/mybenefits. First time users will need to set-up a new user name and password during registration. Once in MyBenefits follow these three simple steps to view your dental ID card:

Dental	
Your ID Number:	
Name:	TOM SMITH
Customer Name/Number:	Acme Corporation/12345
Dental Group Plan:	22222
Your ID can be used when calling MetLife or submitting claims.	
Member Service: 1-877-856-8854 website: www.metlife.com/mybenefits	
Dental Customer Service Consultants are available to answer your questions	Mail Claims to: PO Box 14587 Lexington, KY 40512-4093
For Dentists Only: 1-877-638-3379 www.metdental.com	Fax Claims to: 1-859-389-6505
	Electronic Payor Number: 65978
Benefits Info - Special instructions	
You do not need to present an ID Card to confirm that you are eligible for dental benefits.	
This card is not evidence of coverage and confers no right to benefits. Metropolitan Life Insurance Company, New York, NY 10166.	

Step 1: At the MyBenefits Welcome Page, click on the Dental Benefits (PDP) section. Then, from your “Dental Benefits” page, click “Tools & Resources.”

Step 2: On the “Tools & Resources” page, click “Get Your Dental ID Card.”

Step 3: Scroll down the page and you will find your personalized [Dental Identification Card](#) with all your vital coverage information. This page also provides you with some frequently asked questions and answers about your Dental ID card and participating MetLife PDP dentists.

Note: While you are not required to present this card to your dentist to verify coverage, you may print and present it to your Dental provider at your next appointment.

Through MyBenefits, you can also join the over 1 million registered users who have elected to "go paperless" with their MetLife EOBs. Once you go paperless, we will send you e-mail alerts when your EOB statements are available to view. To see up to three years of EOB statements, simply go to the Recent Claims section in MyBenefits. To manage your paperless options simply click the 'Update your profile' at the top of the page.